

Authentic Athlete Assessment Sheet

Player: Jeff

Player Age: 17

Level of Play: Varsity

Position: G

Jeff's assessment is based on his performance in the varsity game against Concord. The feedback provides perspective on how he stacks up against other varsity-level players and offers insight into how his skills translate to the college level. All numerical grading is relative to the average college player.

Eye Test

1 2 3 4 5

Notes: Good frame to build proper positional size, could look to continue to build functional muscle/bulk to handle rigors of college season as well as increased foot speed.

Preparation/Readiness:

1 2 3 4 5

Notes: One of the first members of his team on the court, went through a short but coordinated individual shooting/stretching warm-up as the full team came out to the floor. Dressed in full uniform/shooting shirt. Made conversation with teammates but appeared locked in and focused on the warm-up/game at hand.

Warm-Ups

1 2 3 4 5

Notes: Went through warm-ups in the proper fashion, using each consecutive drill to build up to game speed and movement, shot selection for shooting groups was game-like and game speed. Finished every rep all the way to the end, which appropriately required other teammates involved to do so as well.

Shooting

1 2 3 4 5

Notes: As a player who builds their game as a "shooter" his stroke is simple and repeatable, clearly the best aspect of his game – although as fatigue of the game wore on, the mechanics became more loose. In order to play at the college level, the mechanics of his jump shot must be

repeated in every rep, game or practice. He does a good job of building his shot through his base into his release. If he wants to push himself to a higher level of basketball than his current track he needs to separate himself into being a 40%+ 3pt shooter and really build in work on contested shooting and off platform makes as well, continuing to develop 1-2 dribble pull-ups in the midrange to counter hard contests and closeouts will make him a more lethal scoring threat.

Finishing

1 2 3 4 5

Notes: Clearly right hand dominant as a driving finisher but showed comfort with both hands on standing short range finishes. Plays well off of two feet in the paint although not always confident enough or lacks the finishing creativity to convert in unorthodox situations. Clearly understands and recognises what is required on any given attack although at times gets out of control and finishes become wild. Needs to build confidence in the ability to execute a variety of finishes from both sides of the rim to compliment shooting talent.

Passing

1 2 3 4 5

Notes: Often making the right pass and reading the defense correctly, most missed opportunities came due to weak face-ups on the catch, where his back was turned to one side of the floor or bumped off his spot due to defensive physicality. In order to build into a next level passer, both strong and weak hand passes should be developed standing as well as off the dribble. In addition to this, every pass should hit whatever target the receiver is giving him, these are small adjustments that become noticeable as the physicality and margin for error shrink at the next level.

Defense/Rebounding

1 2 3 4 5

Notes: Positionally a very sound defender. Understands team and individual defensive principles and assignments. Clearly aware of the unique coverages and reads/tendencies for individual players and plays. Lacks the necessary strength and athleticism to fully compete in the paint and on the glass with the star players, but makes up the ground that is lacking with effort and hustle plays. Took and attempted to take charges in proper scenarios and with great technique, a stand out tendency for players in the eyes of college coaches, as well as deflections and steals from knowing what might be coming next.

Ball Handling

1 2 3 4 5

Notes: Arguably the weakest asset of his game, solid on 1-2 bounces attacking the rim or walking the ball up and initiating offense. Weakness was clearly shown with several differals to other teammates when the opposing defense tightened up pressure. Does not need to be an elite ball handler but needs to be a serviceable second option, unless he is going to be in the top 1% of 3pt shooters based on his size.

Basketball IQ/Intangibles

1 2 3 4 5

Notes: Despite not being the primary ball handler, was a primary leader on the court, often setting defense on any given possession and the initiator on BLOB/SLOB situations. Positioning and timing to capitalize on defensive opportunities as well as the timing to make reads on screens and cuts in the offense demonstrate a considerable ability that will only boost his potential to contribute early in his college career.

Emotional Control/Attitude

1 2 3 4 5

Notes: Throughout the game demonstrated strong emotional control, not letting missed shots or team mistakes alter his attitude. Could show more restraint with reactions to perceived poor calls from officials. In addition, he needs to stay away from interacting with opposing team players who are talking and trying to initiate a response.

Teammate

1 2 3 4 5

Notes: Every time was the first person off the bench to greet teammates returning to huddles or after being subbed out, often the first person over to fallen teammates and celebrated all teams success even if he may have had a better opportunity. This selfless portrayal is crucial to building team connectivity and resilience in difficult moments and is the ultimate example of “we over me”.

Coachability:

1 2 3 4 5

Notes: Coach clearly believes in his ability to produce and contribute to the team success given the high number of minutes played per game, as well as typically being called over during free throws to relay information during the game. Coach's trust in him is further shown by the higher standard of expectation he demonstrates through how he is treated in mistakes and errors. He takes the coaching head on and respectfully, not letting hard coaching change his mentality or the way he is playing the game.

Competitiveness

1 2 3 4 5

Notes: Clearly very invested in the team's success and winning the game, shown through support of teammates and willingness to sacrifice his body for hustle plays and 50/50s. At his current size/physique, lacks a "mean streak" that would make him stand out from other prospects, this is not a call to be a dirty player, but just the ability, and knowledge of when is a proper time to commit a hard foul or set an especially strong screen on an opponent.

Summary

Jeff is a fundamentally sound and team-oriented guard whose game is currently projecting toward the NCAA Division III level, with the potential to rise to the Division II or even Division I level if key areas of his development continue on an upward trajectory. His high basketball IQ, polished shooting mechanics, and clear commitment to team success make him a valuable contributor with long-term upside. Jeff possesses a solid frame that offers the foundational size needed for his position, though continuing to build functional strength and improving foot speed will be important to match the physical demands of college basketball.

He demonstrates strong pre-game preparation habits, arriving early, engaging in focused and purposeful warm-ups, and displaying a clear mental readiness. His approach to preparation reflects professionalism and maturity beyond his years.

As a shooter, Jeff showcases a repeatable and effective stroke, which is currently the standout aspect of his offensive game. He builds his shot well from the base, and when in rhythm, is a reliable perimeter threat. However, consistency under fatigue and in-game repetition of mechanics needs refining. If he can elevate his shooting to elite efficiency (e.g., 40%+ from three), while adding off-the-dribble and contested shooting skills, he could become a more dynamic scorer.

His finishing ability shows promise, particularly in short-range situations and off two feet, but he remains right-hand dominant and could benefit from developing greater creativity and composure at the rim. He has the awareness to recognize the correct approach on drives, but occasionally loses control or confidence in traffic. Diversifying his finishing package will make him a more complete offensive player.

As a passer, Jeff reads defenses well and often makes the correct play, although he can be disrupted by physical defenders or when caught off balance. Improved passing with both hands and under pressure, particularly off the dribble, will allow him to better facilitate and execute under collegiate defensive schemes.

Ball handling remains an area for notable improvement. While comfortable initiating the offense and using one or two dribbles to attack, he struggles against defensive pressure, often deferring to teammates. He does not need to be an elite handler but must develop into a competent secondary ball handler unless his shooting becomes elite enough to justify an off-ball specialist role.

Defensively, Jeff excels in understanding team concepts and individual assignments. He positions himself well, anticipates plays, and contributes through hustle, effort, and high-IQ reads. While he may struggle against stronger or more athletic opponents, his attention to detail—such as taking charges, securing deflections, and being in the right spots—compensates for physical limitations. Rebounding in traffic and defending larger players will improve with continued physical development.

Jeff's basketball intelligence and intangible traits are some of his most impressive assets. He acts as a vocal leader on the court, communicates defensive assignments, and manages out-of-bounds situations effectively. His emotional control is strong, rarely letting frustration interfere with his performance, although he could better avoid unnecessary interactions with officials and opponents. His commitment to team success is evident in how he celebrates teammates, supports them off the bench, and engages in the less glamorous aspects of the game, such as hustle plays and diving on the floor. Jeff exemplifies a "we over me" mentality, which is highly valued at all levels of the sport.

The coaches clearly trust Jeff's ability to lead and execute. He logs heavy minutes, receives frequent in-game coaching, and responds positively to high standards. He accepts feedback constructively and adjusts without disengaging or losing focus. His competitiveness is reflected in his willingness to take charges and fight for loose balls, though he would benefit from developing a more assertive physical presence—especially in moments that call for a strategic foul or a tone-setting screen.

Jeff is a high-character guard with a dependable jumper, advanced understanding of the game, and a clear passion for team success. His pathway to higher levels of collegiate basketball

lies in refining his ball-handling, finishing creativity, and physical toughness, while continuing to elevate his shooting to elite status. With his coachable nature, leadership, and basketball IQ, he is well-positioned to make an impact early in his college career, particularly in programs that value system-oriented, cerebral guards.